

CBD FAQ

What do I need to do before an appointment with UCS Healthcare can be scheduled?

The individual must meet medical CBD qualifications.

For a complete list:

<https://idph.iowa.gov/omc/For-Patients-and-Caregivers>

- Send medical documentation to UCS by fax at 515-309-0686 or by email to ps@ucsdsm.org.
- Complete the History form (form is available at www.ucsonline.org.) and mail or email to ps@ucsdsm.org
- Send a copy of the front and back of the Insurance card along with a copy of the Driver's License (Must be IA)
- Obtain Demographics & Complete all consent forms and submit via phone or emailing to ps@ucsdsm.org.

UCS staff will reach out to schedule an appointment once the criteria are met. UCS Healthcare's phone number will appear on caller ID as unknown/restricted.

If I receive a CBD waiver, how long is it active?

The waiver is renewed yearly with the card. If an increase/waiver is requested, it must be within 90 days of approval/renewal of the card. If not, within 90 days, an appointment is required.



CBD FAQ

How do I renew a CBD card?

Update demographics & complete all consent forms by calling UCS or emailing documents to ps@ucsdsm.org.

The CBD renewal appointment can be scheduled if there is no balance on the account.

If there is a balance on the account, six consistent payments are required before the appointment can be scheduled. UCS can set up electronic payments to meet the requirement before renewal.

For more information or questions, contact UCS Healthcare at 515-280-3860.



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ucsonline.org • 515-280-3860

West
Des Moines
1300 Woodland Ave.
West Des Moines, IA
50265

Ankeny
1555 SE Delaware,
Suite M
Ankeny, IA
50021

Knoxville
813 N. Lincoln St.,
Suite #9
Knoxville, IA
50138

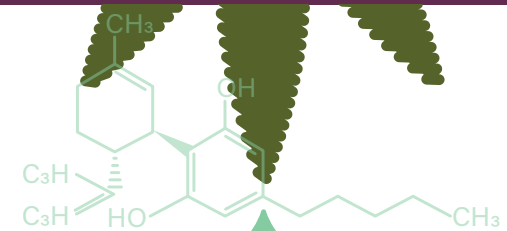


PATIENT EDUCATION



UCS
healthcare

your partner in total health



CBD
(cannabidiol)

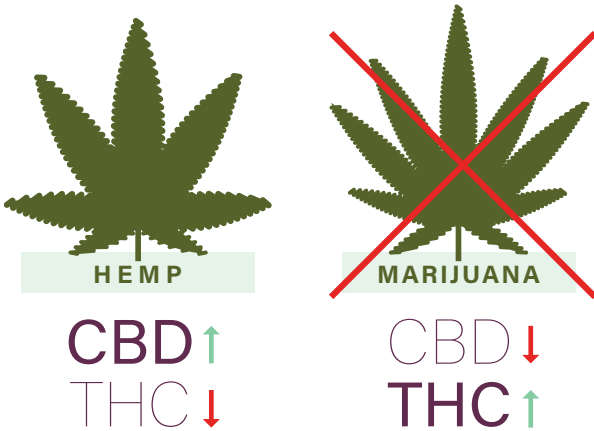
FAQ

- What is hemp; what is CBD?
- How does medical CBD work in Iowa?
- Who is eligible?
- What are the qualifying conditions?
- How do I obtain a medical CBD card?
- What do I do to schedule an appointment?
- How long is a CBD waiver active?
- How do I renew a CBD card?

CBD FAQ

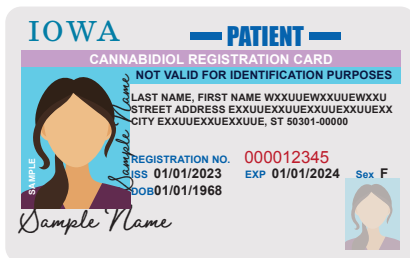
What is hemp; what is CBD?

Hemp is a type of *Cannabis Sativa* plant, while CBD is a naturally occurring chemical found within the plant. CBD (cannabidiol) is produced using the hemp plant, rather than the marijuana plant, another type of *Cannabis Sativa*. Hemp plants contain more CBD and less THC (tetrahydrocannabinol), the psychoactive ingredient in marijuana that produces a “high.”



How does medical CBD work in Iowa?

In Iowa, patients with a qualifying diagnosis can obtain a card to purchase legal cannabis products containing the two active ingredients, cannabidiol (CBD) and tetrahydrocannabinol (THC), to treat qualifying medical conditions.



Who is eligible for medical CBD?

Any child, adolescent, or adult patient with a qualifying condition is eligible for medical CBD.

What are the qualifying conditions?

- Cancer — if the illness or its treatment produces one or more of the following: severe or chronic pain, nausea or severe vomiting, cachexia or severe wasting.
- Seizures
- Crohn's disease
- Chronic pain
- Multiple Sclerosis with severe and persistent muscle spasms
- AIDS or HIV (as defined in Iowa Code, section 141A.1)
- Amyotrophic lateral sclerosis (ALS)
- Parkinson's disease
- Post-Traumatic Stress Disorder (PTSD)
- Any terminal illness with a probable life expectancy of under one year — if the illness or its treatment produces one or more of the following: severe or chronic pain, nausea or severe vomiting, cachexia or severe wasting
- Ulcerative colitis
- Severe, intractable pediatric autism with self-injurious or aggressive behaviors
- Severe, intractable autism with self-injurious or aggressive behaviors
- Corticobasal Degeneration

The list of qualifying factors can be found at: <https://idph.iowa.gov/omc/For-Patients-and-Caregivers>.



How do I obtain a medical CBD card at UCS Healthcare?

The following documentation needs to be completed or gathered before your first appointment. This information can be faxed to 515-309-0686 or emailed to ps@ucsdsm.org.

Releases:

- Consent to treat (Can be completed over the phone with UCS staff or emailed)
- Consent to contact (Can be completed over the phone with UCS staff or emailed)
- RCOPIA Pharmacy (Can be completed over the phone with UCS staff or emailed)
- Telehealth (Can be completed online or over the phone with UCS staff or emailed)
- Medical Emergency Contact (Can be completed over the phone with UCS staff or emailed)

Other Forms:

- Adult History Form (This can be filled out and mailed back to us or emailed)
- Medical Records that include your qualifying diagnosis or at least a list of medical diagnosis.
- Demographics (This can be obtained over the phone)
- Front and Back of Insurance card and Driver's License. (This can be emailed to ps@ucsdsm.org, faxed to 515-309-0686, or mailed to UCS Healthcare.)

Once this information is received and reviewed and it is determined that you meet the criteria for a medical card, we can schedule your appointment.